



Ovarian Cyst and Homoeopathy: A Case

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Abstract

Ovarian cyst is more common now a days. There are many conditions which causes it diet and regimen is also a factor of it. It can cause mainly due to hormonal disbalance. Mostly ovarian cysts are less problematic but sometimes it can harmful. It depends on the size and nature of cyst. Homoeopathy has a wonderful results on it. It can cure completely without any surgery. As I mention a case view with reports to see the affect of homoeopathy in the case of ovarian cyst.

Key word- Ovarian cyst, Hormone, Homoeopathy, Constitutional remedy, Symptom similarity, Dysmenorrhoea, Functional cyst, USG.

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INTRODUCTION

Ovarian cyst is a fluid filled sac present on the ovary or a pocket like structure on the surface of an ovary which filled with somewhat solid, liquid or semi-solid materials. These cysts are soft in nature. Most of the time, they are painless and harmless but sometime they causes discomfort and gives pain. This depends on the shape and size of the cyst and also on its nature. An ovarian cyst becomes a problem when it gets bigger in size and

can become painful. There is also the possibility of cancer but rarely. Ovarian cyst in women after menopause are likely to be cancerous than in younger women.

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Types Of Ovarian Cyst:

Various types of ovarian cyst, such as

1. **Dermoid Cyst-** Also known as teratomas and forms from embryonic cells which contains tissue such as hair, skin, teeth.
2. **Cystadenomas-** Present on the surface of an ovary and filled with liquid or mucosal material.
3. **Endometriomas or Chocolate Cyst-** These are the result of endometriosis. Here some tissues attach on the ovary and form growth. It contains dark brown (chocolate) coloured fluidy material consist of blood some-times called chocolate cyst.
4. **Functional Cyst** - This one is the most common type and divided into two forms i.e.
 - a) Follicular cyst
 - b) Corpus luteum cyst
 They rarely causes pain and usually harmless.

Symptoms:

1. Pelvic pain (pain in ovarian region)
2. Swelling in abdomen
3. Heaviness and fullness in abdomen
4. Pain during intercourse
5. Nausea and vomiting
6. Appetite decrease
7. Breast pain and tenderness
8. Dysmenorrhoea

Severe symptoms required medical emergency:

- A. Severe pelvic pain
- B. Pyrexia (fever)
- C. Faintness
- D. Hyper ventilation

Causes:

Most of the ovarian cyst which are functional developed as a result of menstrual cycle but non-functional cyst may be caused by cancer.

Complications:

- **Ovarian Torsion-** This is a rare complication of ovarian cyst. In which a large cyst sometimes causes an ovary to move or twist from its original position so blood supply to the ovary is affected or cutoff. It can cause damage or death of ovarian tissues.
- **Ruptured Cyst-** A rare complication, in which severe pain and internal bleeding are present. It increases the risk of infection and even causes death also.

Diagnosis:

Ovarian cyst can be diagnosed during pelvic examination but it depends on its size.

Possible tests include to diagnosed the cyst are-

1. Pelvic Ultrasonography (USG)
2. CT scan (pelvic region)
3. MRI

4. CA-125 blood test

Treatment -

Ovarian cysts are easily cured with the help of homoeopathy. Many homoeopathic medicines are used in the treatment of all types of ovarian cysts and it can easily be treated by a constitutional remedy. Homoeopathy based on symptom similarity. Few medicines are listed below which help to cure it.

1. Pulsatilla
2. Sepia
3. Lachesis
4. Natrum mur
5. Ignatia
6. Belladonna
7. Calcarea
8. Ovarinum

Homoeopathic Approach:

Homoeopathy is a science and art of healing. It heals the patient not the disease because in homoeopathic view when the patient cures, the disease cures itself. Here the patient and the disease both are not different to each other. So homoeopathy offers a bigger chance to cure disease because treatment is based on individual constitution. It depends on totality of symptoms and find the similimum and remedy cures the whole patient not only the disease.

A Case Of A Girl With Left Ovarian Cyst

A girl named XYZ, aged 15 years from Aligarh, UP, having severe left inguinal pain which is somewhat stitching type (according to patient) with headache and loss of appetite.

Severe pain on starting of menses but relieves on normal flow

A case of left Ovarian Cyst sized 22x45 mm.

Physical Generals

- Appearance- Fair complexion, lean and thin
- Thermal - Hot
- Thirst- Thirsty
- Appetite- Decreased
- Desire- Spicy food
- Weakness- ++
- Stool- Hard sometimes
- Urine- Burning sometimes
- Sleep- Disturbed
- Dreams- Animals especially snakes, family members
- Soles- Burning in night

Mental Generals

- Temperament- Irritable
- Secondary extrovert
- Intelligent, good in studies
- Talkative
- Fear- snakes++
- Always prefer night for study

- Energetic in evening, dull in morning
- **Characteristic Symptom** - Very sensitive around neck (according to her she can't wear choker, a type of neck piece and even she can't wear closed neck clothes)

After I took the whole case I gave a dose of **Lachesis 200**.

On First Follow up (after 15 days)

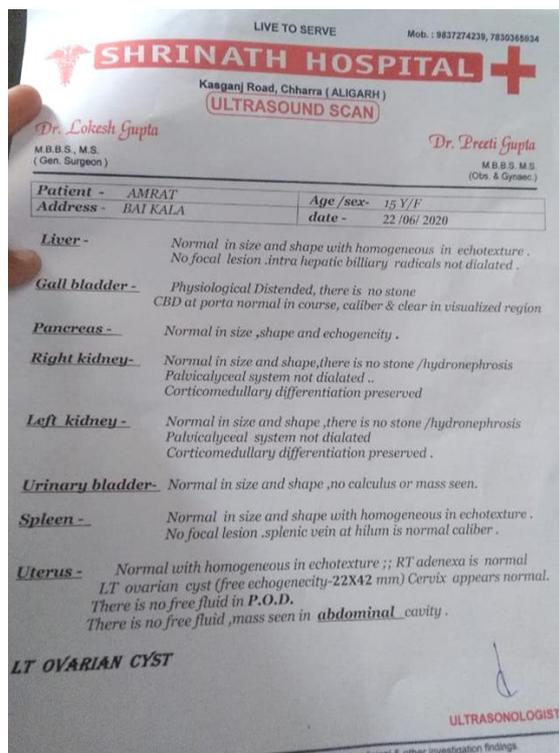
Pain of left inguinal region gone in 4-5 days completely.

Weakness decreases.

Appetite slight improve.

Headache sometimes.

Case Reports



Before Treatment

CONCLUSION

The fluid filled sac present on the ovary are called ovarian cyst. These cyst

Burning in urination one time only.

On Second Follow up (after 1 month from first followup)

Her appetite increased.

Weakness gone and Her headache is also gone.

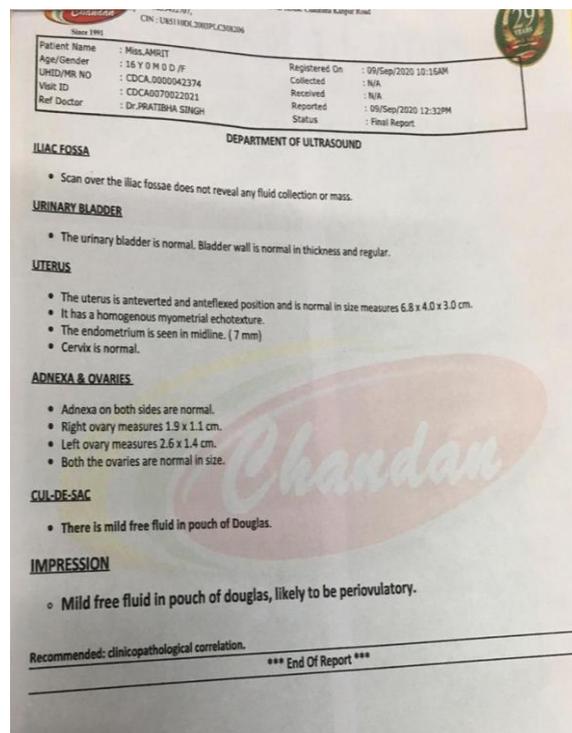
No burning in urination.

On Third Follow up (after 1 month from second followup)

No burning in soles.

No pain on menstrual time.

The case was completely cured in 2 month and 15 days.



After Treatment

are many types and shapes and how much harmful is the cyst is completely depends on its type, size and nature. Mostly they

are common cyst and less harmful but some are more harmful too. In allopathy the treatment for ovarian cyst is either hormonal therapy or surgery but in homoeopathy ovarian cyst are completely cured without any hormonal tabs and all, because homoeopathy treats the man not the disease.

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